

Gabel Natatorium



AQUATIC CLASSES

Registration Deadlines

Spring:	April 28–June 16	Sat., Tues., Thurs.	6 Classes	April 26, 2018
Summer 1:	June 18–28	Mon.–Thurs.	8 Classes	June 14, 2018
Summer 2:	July 9–19	Mon.–Thurs.	8 Classes	July 5, 2018
Summer 3:	July 30–Aug. 9	Mon.–Thurs.	8 Classes	July 26, 2018

CLASSES

Scholarships are available upon request 50% registration maximum.

Parent and Child Aquatics

P.I.T. 1: 6-24 months

Preschool Aquatics: 2-5 years

Swimming

- Level 1: Intro to Water Skills
- Level 2: FUNDamental Aquatic Skills
- Level 3: Stroke Development
- Level 4: Stroke Improvement

- Level 5: Stroke Refinement
- Level 6: Swimming and Skill Proficiency
- Adult Beginner



WMDA

Registration Deadlines

WMDA CLUB DIVING

Dive 1 and Dive 2

Spring:	April 28–June 16	Saturdays	6 Classes	April 26, 2018
Summer 1:	June 18–28	Mon.–Thurs.	8 Classes	June 14, 2018
Summer 2:	July 9–19	Mon.–Thurs.	8 Classes	July 5, 2018
Summer 3:	July 30–Aug. 9	Mon.–Thurs.	8 Classes	July 26, 2018

Dive 3, Dive 4, Bronze, Silver and Gold

Summer 1:	May 21–June 29	Monday–Friday		May 17, 2018
Summer 2:	July 2–Aug. 10	Monday–Friday		June 28, 2018

1903 W. Michigan Ave.
Kalamazoo, MI 49008-5335

Visit us at:

lawsonarena.com/aquatics for detailed class descriptions, times, pricing and online registration Or call (269) 387-3050 for more information.

TENNIS

Junior Tennis Programs

at West Hills Athletic Club

Try it,
Love it,
Live it



Summer 1
June 18–July 28
off July 4

Intro to Junior Tennis

Programs for ages 3 thru 18

This tennis program is for juniors who have never played tennis before. They will learn the fundamentals in a fun environment that promotes early success to keep them coming back for more. The USTA Quickstart play format utilizes equipment appropriate for their age and ability.

Summer 2
July 30–Aug. 31

Summer 2
July 30–Aug. 31

Junior Development

Programs for ages 6 and up

Our development program is designed to bring to an understanding of the sport, placing emphasis on proper grips, stroke production and footwork patterns through repetition and point play. Prior tennis experience is necessary.

Summer 2
July 30–Aug. 31

Junior Competitive

Programs for ages 9 thru 18

Programs at this level cater to players embarking on a more advanced level of tennis. Concepts including stroke production, strategy, and conditioning are covered. Emphasis is placed on stroke production, strategy, footwork and match play through drills and games. Prior tennis experience is necessary.

For more information on our summer programming (days, times and pricing), visit westhillsathletic.com or call (269) 387-0410

Summer Sessions
June 18–Aug. 30
off July 4

1/2 Day summer tennis camps

Ages 6 thru 11

Monday through Thursday from 9 a.m.–noon

Tennis camp at West Hills is the perfect choice! And we're not just tennis. Our tennis pros will provide your child with a daily tennis lesson, followed by a snack break and then a different game each day. Age appropriate games will include wiffle ball, pickle ball, dodgeball, obstacle courses, tag and more! Guaranteed FUN for all.

Scholarships are available upon request
(5% registration maximum).



WEST HILLS ATHLETIC CLUB
WESTERN MICHIGAN UNIVERSITY



westhillsathletic.com

(269) 387-0410 • 2001 S. 11th St., Kalamazoo, MI 49009