

# Middle School Ala Carte Price List

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## Smart Beverages

Dasani Water	\$1.35	Powerade Zero	\$2.25
Pint Fat Free Milk	\$1.50	Glaceau Fruit Water Zero	\$2.75
Izze Sparkling Juice	\$2.00	Soy Silk Vanilla/Choc	\$2.25
Propel Water	\$1.75	Vitamin Water Zero	\$3.25
Arizona Iced Tea	\$1.75	Minute Maid 100% Juice	\$2.00
Minute Maid Sparkling	\$2.30	Gold Peak Tea	\$3.00
Fat Free Milk (half pint)	\$0.50	100% Fruit Juice Cup 4oz.	\$0.50
Sunny D	\$1.50	Snapple Iced Tea	\$2.75
Snapple 100% Juice	\$1.50	Switch Sparkling Water	\$2.00
Sport Cap Smart Water	\$3.25	Fruit-2 0	\$1.50
Ocean Spray Juice Cocktail	\$1.25	V8 Fusion	\$2.00
Tum-E-Yummie	\$2.00	Tropicana Fruit Juice	\$2.00

## Smart Snacks

Cereal Bars	\$1.00	Freshly Baked RF Goods	\$0.50
Rice Krispies Treats	\$1.25	Snackwells	\$1.25
Nutri-Grain Bars	\$1.25	White Cheddar Popcorn	\$1.25
Baked Chips-All Flavors (small)	\$0.80	Rold Gold Pretzels	\$0.80
Baked Chips-All Flavors (large)	\$1.25	Stacy/Brickman/Miss Vickie	\$1.25
Betty Crocker Oatmeal Bar	\$1.00	Quaker Munchie Snack Mix	\$0.80
Fruit Rollup	\$0.80	Cheddar Sun Chips (small)	\$0.80
Pringles Chips	\$1.25	Special K Cracker Chips	\$1.25
Chex Mix	\$1.00	J&J Pretzel w/Sauce	\$2.90
Whole Grain RF PopTart	\$1.00	Hershey's Low Fat Ice Cream	\$1.25
Kars Sunflower Seeds	\$0.80	Nabisco 100 Calorie Snacks	\$1.00
Gardetto's Snack Mix	\$1.00	Quaker Rice Cakes	\$1.00

(All Ala Carte Items Meet the New USDA Wellness Program Guidelines)