

May 2022

May 2022						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June 2022						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
May 1	2 3:00pm Lifting (@ MHS Weight Room) 4:00pm FB Small Groups (@ MHS Practice Field)	3 3:00pm Lifting (@ MHS Weight Room) 4:00pm FB Small Groups (@ MHS Practice Field)	4	5 3:00pm Lifting (@ MHS Weight Room) 4:00pm FB Small Groups (@ MHS Practice Field)	6	7
8	9 3:00pm Lifting (@ MHS Weight Room) 4:00pm FB Small Groups (@ MHS Practice Field)	10 3:00pm Lifting (@ MHS Weight Room) 4:00pm FB Small Groups (@ MHS Practice Field)	11	12 3:00pm Lifting (@ MHS Weight Room) 4:00pm FB Small Groups (@ MHS Practice Field)	13	14
15	16 3:00pm Lifting (@ MHS Weight Room) 4:00pm FB Small Groups (@ MHS Practice Field)	17 3:00pm Lifting (@ MHS Weight Room) 4:00pm FB Small Groups (@ MHS Practice Field)	18	19 3:00pm Lifting (@ MHS Weight Room) 4:00pm FB Small Groups (@ MHS Practice Field)	20	21
22	23 3:00pm Lifting (@ MHS Weight Room) 4:00pm FB Small Groups (@ MHS Practice Field)	24 3:00pm Lifting (@ MHS Weight Room) 4:00pm FB Small Groups (@ MHS Practice Field)	25	26 3:00pm Lifting (@ MHS Weight Room) 4:00pm FB Small Groups (@ MHS Practice Field)	27	28
29	30 3:00pm Lifting (@ MHS Weight Room) 4:00pm FB Small Groups (@ MHS Practice Field)	31 3:00pm Lifting (@ MHS Weight Room) 4:00pm FB Small Groups (@ MHS Practice Field)	Jun 1	2	3	4

June 2022

June 2022							July 2022						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4					1	2	
5	6	7	8	9	10	11	3	4	5	6	7	8	9
12	13	14	15	16	17	18	10	11	12	13	14	15	16
19	20	21	22	23	24	25	17	18	19	20	21	22	23
26	27	28	29	30			24	25	26	27	28	29	30
							31						

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
May 29	30	31	Jun 1	2 3:00pm Lifting (@ MHS Weight Room) 4:00pm FB Small Groups (@ MHS Practice Field)	3	4
5	6 5:00pm Summer Lifting (@ MHS Weight Room) 6:00pm Freshman Commitment Day! (@ MHS Practice Field)	7 5:00pm Summer Lifting (@ MHS Weight Room)	8	9 5:00pm Helmet Hand Out (Varsity @ 5pm - JV/Frosh @6pm) 5:00pm Summer Lifting (@ MHS Weight Room)	10	11
12	13 5:00pm Summer Lifting (@ MHS Weight Room) 6:00pm 7v7/Oline Practice Days (@MHS Practice fields)	14 5:00pm Summer Lifting (@ MHS Weight Room)	15 6:00pm Plainwell 7v7 (6/15 @ PHS - 6/29 @MHS - 7/12 @ PHS)	16 5:00pm Summer Lifting (@ MHS Weight Room) 7:00pm Lawton 7v7 (@ LHS)	17	18
19	20 5:00pm Summer Lifting (@ MHS Weight Room) 6:00pm 7v7/Oline Practice Days (@MHS Practice fields)	21 5:00pm Summer Lifting (@ MHS Weight Room) 6:00pm United 7v7 (@ Hackett CP)	22	23 5:00pm Summer Lifting (@ MHS Weight Room)	24	25
26	27 5:00pm Summer Lifting (@ MHS Weight Room)	28 5:00pm Summer Lifting (@ MHS Weight Room) 6:00pm Three Rivers 7v7 (@ Three Rivers HS)	29 6:00pm Plainwell 7v7 (6/15 @ PHS - 6/29 @MHS - 7/12 @ PHS)	30 5:00pm Summer Lifting (@ MHS Weight Room)	Jul 1	2

July 2022

July 2022							August 2022						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
3	4	5	6	7	8	9	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28	29	30	31			
31													

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Jun 26	27	28	29	30	Jul 1	2
3 5:00pm MHSAA DEAD WEEK (NO LIFTING OR PRACTICE)	4 5:00pm MHSAA DEAD WEEK (NO LIFTING OR PRACTICE)	5 5:00pm MHSAA DEAD WEEK (NO LIFTING OR PRACTICE)	6 5:00pm MHSAA DEAD WEEK (NO LIFTING OR PRACTICE)	7 5:00pm MHSAA DEAD WEEK (NO LIFTING OR PRACTICE)	8 5:00pm MHSAA DEAD WEEK (NO LIFTING OR PRACTICE)	9 5:00pm MHSAA DEAD WEEK (NO LIFTING OR PRACTICE)
10	11 5:00pm Summer Lifting (@ MHS Weight) 6:00pm 7v7/OLine Practice Days (@MHS)	12 5:00pm Summer Lifting (@ MHS Weight Room)	13 6:00pm Plainwell 7v7 (6/15 @ PHS - 6/29 @MHS - 7/12 @ PHS)	14 5:00pm Summer Lifting (@ MHS Weight Room)	15	16
17	18 5:00pm Summer Lifting (@ MHS Weight) 6:00pm 7v7/OLine Practice Days (@MHS)	19 5:00pm Summer Lifting (@ MHS Weight Room)	20	21 5:00pm Summer Lifting (@ MHS Weight) 6:00pm 7v7 @ MHS (@ MHS)	22	23
24	25 5:00pm TEAM CAMP!!! (@ MHS Practice Fields)	26 5:00pm TEAM CAMP!!! (@ MHS Practice Fields)	27 5:00pm TEAM CAMP!!! (@ MHS Practice Fields)	28 5:00pm TEAM CAMP!!! (@ MHS Practice Fields)	29	30
31 MHASS DOWN WEEK (NO LIFTING OR PRACTICE - SEE YOU AT CAMP)	Aug 1	2	3	4	5	6

August 2022

August 2022							September 2022						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
7	8	9	10	11	12	13	4	5	6	7	8	9	10
14	15	16	17	18	19	20	11	12	13	14	15	16	17
21	22	23	24	25	26	27	18	19	20	21	22	23	24
28	29	30	31				25	26	27	28	29	30	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Jul 31	Aug 1 MHASS DOWN WEEK (NO LIFTING OR PRACTICE - SEE YOU AT CAMP)	2 MHASS DOWN WEEK (NO LIFTING OR PRACTICE - SEE YOU AT CAMP)	3 MHASS DOWN WEEK (NO LIFTING OR PRACTICE - SEE YOU AT CAMP)	4 MHASS DOWN WEEK (NO LIFTING OR PRACTICE - SEE YOU AT CAMP)	5 MHASS DOWN WEEK (NO LIFTING OR PRACTICE - SEE YOU AT CAMP)	6 MHASS DOWN WEEK (NO LIFTING OR PRACTICE - SEE YOU AT CAMP)
7	8 3:00pm Double Days!!!	9 3:00pm Double Days!!!	10 3:00pm Double Days!!!	11 3:00pm Double Days!!!	12 3:00pm Double Days!!!	13 9:00am Specials Practice 11:00am Mom's Practice 12:00pm Team Picnic
14	15 3:00pm Double Days!!!	16 3:00pm Double Days!!!	17 3:00pm Double Days!!!	18 3:00pm Scrimmage @ 3 Rivers HS	19 6:00pm Friday Night Lights Practice	20
21	22 3:00pm Normal Practice	23 3:00pm Normal Practice	24 3:00pm Normal Practice 4:30pm Frosh/JV Game @ Lowell	25 3:00pm Normal Practice 7:00pm Varsity vs Lowell	26 3:00pm Normal Practice	27
28	29 3:00pm Normal Practice	30 3:00pm Normal Practice	31 3:00pm Normal Practice 4:30pm Frosh/JV vs Marshall (Home Game)	Sep 1	2	3

September 2022

September 2022							October 2022						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3							1
4	5	6	7	8	9	10	2	3	4	5	6	7	8
11	12	13	14	15	16	17	9	10	11	12	13	14	15
18	19	20	21	22	23	24	16	17	18	19	20	21	22
25	26	27	28	29	30		23	24	25	26	27	28	29
							30	31					

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Aug 28	29	30	31	Sep 1 3:00pm Normal Practice 7:00pm Varsity @ Marshall (@ Marshall HS)	2 3:00pm NO PRACTICE!	3
4	5 5:00pm LABOR Day Practice	6 3:00pm Normal Practice	7 3:00pm Normal Practice	8 3:00pm Normal Practice	9 3:00pm Normal Practice	10
11	12 3:00pm Normal Practice	13 3:00pm Normal Practice	14 3:00pm Normal Practice	15 3:00pm Normal Practice	16 3:00pm Normal Practice	17
18	19 3:00pm Normal Practice	20 3:00pm Normal Practice	21 3:00pm Normal Practice	22 3:00pm Normal Practice	23 3:00pm Normal Practice	24
25	26 3:00pm Normal Practice	27 3:00pm Normal Practice	28 3:00pm Normal Practice	29 3:00pm Normal Practice	30 3:00pm Normal Practice	Oct 1

October 2022

October 2022							November 2022						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
2	3	4	5	6	7	8	6	7	8	9	10	11	12
9	10	11	12	13	14	15	13	14	15	16	17	18	19
16	17	18	19	20	21	22	20	21	22	23	24	25	26
23	24	25	26	27	28	29	27	28	29	30			
30	31												

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Sep 25	26	27	28	29	30	Oct 1
2	3 3:00pm Normal Practice	4 3:00pm Normal Practice	5 3:00pm Normal Practice	6 3:00pm Normal Practice	7 3:00pm Normal Practice	8
9	10 3:00pm Normal Practice	11 3:00pm Normal Practice	12 3:00pm Normal Practice	13 3:00pm Normal Practice	14 3:00pm Normal Practice	15
16	17 3:00pm Normal Practice	18 3:00pm Normal Practice	19 3:00pm Normal Practice	20 3:00pm Normal Practice	21 3:00pm Normal Practice	22
23	24 3:00pm Normal Practice	25 3:00pm Normal Practice	26 3:00pm Normal Practice	27 3:00pm Normal Practice	28 3:00pm Normal Practice	29
30	31 3:00pm Normal Practice	Nov 1	2	3	4	5

November 2022

November 2022							December 2022						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5			1	2	3		
6	7	8	9	10	11	12	4	5	6	7	8	9	10
13	14	15	16	17	18	19	11	12	13	14	15	16	17
20	21	22	23	24	25	26	18	19	20	21	22	23	24
27	28	29	30				25	26	27	28	29	30	31

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Oct 30	31	Nov 1 3:00pm Normal Practice	2 3:00pm Normal Practice	3 3:00pm Normal Practice	4 3:00pm Normal Practice	5
6	7 3:00pm Normal Practice	8 3:00pm Normal Practice	9 3:00pm Normal Practice	10 3:00pm Normal Practice	11 3:00pm Normal Practice	12
13	14 3:00pm Normal Practice	15 3:00pm Normal Practice	16 3:00pm Normal Practice	17 3:00pm Normal Practice	18 3:00pm Normal Practice	19
20	21 3:00pm Normal Practice	22 3:00pm Normal Practice	23 3:00pm Normal Practice	24 3:00pm Normal Practice	25 10:00am STATE FINALS!!! (@ FORD FIELD) 3:00pm Normal Practice	26 10:00am STATE FINALS!!! (@ FORD FIELD)
27	28	29	30	Dec 1	2	3